

# Jammu & Kashmir Sports Council

Administrative Block Bakshi Stadium, Srinagar/ M A Stadium, Jammu,  
E-mail: - [jkstatesportscouncil@gmail.com](mailto:jkstatesportscouncil@gmail.com), Contact No: - 0194-2311207,  
0194-2310064, 0191-2570423, 0191-2560771.

SUB:- HIRING OF MANPOWER FOR KHELO INDIA STATE CENTRE OF EXCELLENCE AT JAMMU AND SRINAGAR.

REF:- ASSISTANT DIRECTOR, SPORTS AUTHORITY OF INDIA, REGIONAL CENTRE, CHANDIGARH LETTER NO: - SAI/RC-CHD/J&K/2022-23-565, dated:- 10-06-2022.

## ADVERTISEMENT NOTICE

J&K Sports Council and Sports Authority of India (SAI) - Khelo India Division under the Ministry of Youth Affairs & Sports (GOI), has initiated of setting up the Khelo India State Centre of Excellence (KISCE) for Fencing at New Indoor Sports Complex, M.A. Stadium, Jammu & Rowing at Water Sports Centre, Srinagar to nurture the best talent of the UT of J&K. The Academies will be equipped with world class infrastructure and coaching facilities with adequate scientific backup, focused on participation in world sports tournaments, championships & Olympics. In order to lead the High-Performance Centre, J&K Sports Council in coordination with Sports Authority of India (SAI), and due to poor response in previous advertisement notice dated: - 30-06-2021, invites fresh applications from eligible citizens of India for hiring of following manpower: -

Sl No.	Position	Discipline/ Grade	No. of Posts	Upper Age Limit as on 30-06-2022	Remuneration
1	Assistant Coach	Rowing & Fencing	2	45years	40,000
2	Nutritionist/Dietician	-	2	40years	75,000-100,000
3	Masseur (02 Male & 02 Female)	Grade-I	4	35years	35,000
4	Strength & Conditioning Trainer	Lead	2	45years	100,000-150,000
5	Conditioning Expert	Grade-II	2	45years	60,000-80,000

Interested candidates may apply in the prescribed format which shall be available on our official website [www.jkssportscouncil.com](http://www.jkssportscouncil.com). Applications duly signed alongwith self-attested copies of all educational qualification, experience and other testimonials as required to support the candidature of the applicant must be sent to the Secretary, J&K Sports Council, New Administrative Block, Bakshi Stadium, Srinagar - 190009 by 30<sup>th</sup> June, 2022 till 5:30 PM. Only short-listed candidates shall be called for the interview.

1. **Remuneration:** Remuneration is to be fixed depending upon caliber and experience, on mutual agreement.
2. **Tenure:** The tenure based engagement will be for a period of four years based on satisfactory performance, periodic reviews, result oriented, etc. and at all times coterminous with the Khelo India Scheme.

3. Tax Deduction at Source: The Income Tax or any other tax liable to be deducted, as per the prevailing rules will be deducted at source before effecting the payment, for which the Sports Council will issue TDS/Service Tax Certificates, as applicable.
4. Other Allowances: No TA/DA shall be admissible for joining the assignment or on its completion. No other facilities like DA, Accommodation, Residential Phone, Conveyance Transport, Personal Staff, Medical reimbursement, HRA and LTC etc. would be admissible.
5. Extension: Performance of the selected candidates would be continuously reviewed, and their extension will be considered on the basis of periodic review.
6. Leave: Selected candidates will be entitled for 30 days leave in a calendar year on pro-rata basis. Thereafter, candidates shall not draw any remuneration in case of his/her absence beyond 30 days in a year. Also unveiled leave in a calendar year will lapse and will not be carried forward to the next calendar year.
7. Confidentiality:
  - a) Selected persons will not be allowed to publish a book or a compilation of articles or participate in a radio broadcast or contribute an article or anonymously or pseudonymously in the name of any other person, if such book, article, broadcast, uses any information that he/she may gather as part of this assignment.
  - b) During the period of engagement with Khelo India Centre, Employee would be subject to the provisions of the Indian Official Secret Act, 1923 and will not divulge any information gathered by him/her during the period of his/her engagement to anyone who is not authorized to know.
  - c) The Selected personnel at no instance can represent or give opinion or advice to others in any matter, which is adverse to the interest of the Government.
8. Other Conditions:
  - a) The applications received will be scrutinized/shortlisted on the basis of relevant experience and job description and the eligible candidates will be called for Interview at cost to the applicant.
  - b) In case the performance of Candidate is not found satisfactory, his/her services will be discontinued after giving one-month notice.
  - c) Without any prejudice to the above condition, the candidate will be terminated from his services with immediate effect without any obligations, in case the candidate is found guilty of violating any of the conditions contained in the terms of employment or is guilty of any misconduct including negligence of duties, unauthorized absence, etc.
  - d) Decision of J&K Sports Council in all matters regarding eligibility, selection and posting would be final and binding.



- upon all candidates. No representation or correspondence will be entertained by J&K Sports Council in this regard.
- e) J&K Sports Council reserves the right to cancel the advertisement and/or the selection process at any stage without assigning any reason.
- f) The Administrative Secretary, Youth Services & Sports Department, J&K Govt. Shall be the final authority in case of any dispute.
- g) The appointment will be purely on tenure basis and does. not confer any right to claim to permanent employment in J&K Sports Council.
- h) Any litigation matters pertaining to employment at J&K Sports Council shall be restricted to the jurisdiction of J&K courts.
- i) Organization reserves the right to terminate the contract, by giving one month notice to candidates.
- j) Candidates applied for more than one post will be interviewed only once.
9. Specific requirements, short listing & interview information, details shall be available on our official website strictly [www.jksportscouncil.in](http://www.jksportscouncil.in) For any query contact Mr. Sahil Chopra on Mobile Number: - 9086625103 during office hours.

  
**SECRETARY**

**J&K Sports Council**

**No: SC/3771/** 5757-64  
**Dated:-** 13-6-22



Copy to: -

1. Director General, Sports Authority of India, New Delhi with the request to kindly upload the notification on their official website.
2. Director Incharge, Sports Authority of India, Regional Centre, Zirakpur, Mohali Punjab with the request to kindly upload the notification on their official website.
3. Director Information, J&K with the request to kindly publish the notification in one national newspaper and two leading dailies of Jammu and Srinagar.
4. Joint Secretary (K), J&K Sports Council, Srinagar.
5. Chief Accounts Officer, J&K Sports Council.
6. Private Secretary to Principal Secretary to the Government, Youth Services and Sports Department, Civil Secretariat, Jammu with the request kindly upload the notification on their official website.
7. Divisional Sports Officer (K/J) J&K Sports Council.
8. Advertisement file.

# Jammu & Kashmir Sports Council

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## SUB:-SPECIFIC REQUIREMENTS, SHORTLISTING AND INTERVIEW INFORMATION FOR HIRING OF MANPOWER IN KHELO INDIA CENTRE OF EXCELLENCE.

### 1. ASSISTANT COACH: -

Eligibility for Assistant Coaches to be recruited under contract: -

Sl. No.	Eligibility
1.	Diploma in Coaching from SAI, NS NIS or from any other organization Indian/Foreign University OR
2.	Olympic/International participation OR
3.	Dronacharya Awardee

### SELECTION PROCEDURE: -

- Through interview including oral test for discipline specific knowledge. In case, number of candidates are more than five times of the vacancies, short-listing of candidates for interview shall be carried out on the basis of approved criteria. Hence, mere fulfilment of eligibility criteria does not entail the candidate to be called for the interview.
- The list of eligible shortlisted candidates for interview along with date(s) and place of interview will be posted on J&K Sports Council's website.
- The Candidates should note that their candidature at all the stages will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any stage before or after Interview, it is found that they do not fulfill any of the eligibility conditions; their candidature will be cancelled by the J&K Sports Council.

## 2. NUTRITIONIST/DIETICIAN

### 1. ESSENTIAL EDUCATIONAL QUALIFICATIONS

Nutritionist

**M.Sc. (Nutrition) from any recognized Indian or Foreign University.**

#### **Experience:**

Minimum 5 years of experience including 1 year working with sports academies/Institutions.

**Desirable:** Work experience in a sports academies /Institutions

### 2. CRITERIA FOR SHORTLISTING OF CANDIDATES FOR INTERVIEW.

**Of all the total applications received, short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:**

CATEGORIES FOR EVALUATION	MAX MARKS	SCORING OF MARKS
Higher Educational Qualification	10	MPhil / PhD in Nutrition
Percentage of Marks obtained in Post	10	Percentage of marks >60% -69.9% (5 marks) Percentage of marks >70% - 74.9% (7marks)

Graduation		Percentage of marks >75% (10marks)		
Subjects in Master's	20	Physiology (5 marks) Biochemistry (5 marks) Sports (5 marks) M.Sc in Sports Nutrition (20 marks)		
Sports Certification	20	IOC Diploma in Sports Nutrition (20 marks)	NIN 6-month Certificate course in Sports Nutrition (15 marks)	Sports Nutrition Certificate/diploma from any reputed International Sporting Organizations (5 marks)
Total Work experience	20	2 marks will be awarded for every completed 1 year of work experience as Nutritionist upto a maximum of 20 marks		
Work experience in sports establishment	20	Additional 2 marks will be awarded for every completed 1 year of work experience as Nutritionist at a recognized State /National level sports organization (Govt. or Private) working with teams/players upto a maximum of 20 marks		

### **3. INTERVIEW PROCESS:**

- A) The interview will be of 100 marks.
- B) The shortlisted candidates will be called for the interview and assessed as follows:

<b>CATEGORIES FOR EVALUATION</b>	<b>MAXIMUM MARKS(100marks)</b>
Domain Expertise	30
Practical application of Nutrition in sports	30
Aptitude for working in a sports organization	10
Knowledge related to recent advancements	10
Soft skills	10
Knowledge in allied sports science disciplines	10

### **JOB RESPONSIBILITIES OF NUTRITIONIST/DIETICIAN**

1. Evaluation of the nutritional status and dietary needs of athletes using established department protocols / standards and generate individual reports.
2. Developing sport specific monthly cyclic menu chart for athletes and standardize all recipes provided in the menu.
3. Making regular mess visits for menu compliance, taste, and right cooking procedures.
4. Monitoring hygiene, sanitation and cleanliness of the kitchen, dining and allied area.
5. Promoting healthy eating and lifestyle habits and develop personalized nutrition plans and individualized counseling sessions.



6. Organizing, develop, analyze, test, and prepare special meals in cases of sickness or addressing nutritional deficiencies.
7. Conducting group counseling by motivating athletes towards achieving compliance and other suggested recommendations.
8. Coordinating with sports science support team, Sports science head, Centre head and other administrative staff.
9. Undertake Any other duties assigned by High Performance Director, Sports Science Head and Regional Head.

### 3. **MASSEUR**

#### **(Essential Requirements, Short listing and Interview Information)**

##### **ESSENTIAL REQUIREMENTS**

##### **(a) EDUCATIONAL QUALIFICATIONS.**

Passed 10+2 from a recognized board with a certificate course/skill development program for Masseur/Masseuse/Massage Therapy/Sports Masseur/ Masseuse from a recognized institution.

##### **(b) WORK EXPERIENCE.**

Minimum 2 years of work experience as Masseur/ Masseuse.

##### **CRITERIA FOR SHORTLISTING OF CANDIDATES FOR INTERVIEW.**

Of all the total applications received, short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

<b>CATEGORIES FOR EVALUATION</b>	<b>MAX MARKS</b>	<b>SCORING OF MARKS</b>
Higher Educational Qualification	10	Diploma in massage therapy
Total Work Experience	10	2 marks will be awarded for every completed 1 year of work experience as a Masseur/ Masseuse up to a maximum of 10 marks
Work Experience in Sports Establishment.	10	Additional 2 marks will be awarded for every completed 1 year of work experience as Masseur/ Masseuse at a recognized State / National level sports organization (Govt. or Private) working with teams/players up to a maximum of 10 marks.

##### **INTERVIEW PROCESS:**

The interview will be of 50 marks.

The shortlisted candidates will be called for the interview and assessed as follows:

<b>CATEGORIES FOR EVALUATION</b>	<b>MAXIMUM MARKS(100marks)</b>
Domain Expertise & Practical Knowledge	20

Aptitude for working in a sports organization	10
Soft skills	10
Knowledge in allied sports science disciplines	10

#### **4-5. STRENGTH & CONDITIONING TRAINER/ CONDITIONING EXPERT:**

**(Specific requirements, shortlisting and interview information)**

##### **1. ESSENTIAL EDUCATIONAL QUALIFICATIONS.**

Applications are invited from all interested candidates who possess any of the following degree from a recognized Indian or Foreign University and qualification as follows:

- Bachelors or Masters in Sports and Exercise Science/Sports Science/Sports Coaching.

OR

- Any Graduation with ASCA Level-1 or above/CSCS/UK SCA accredited coach/Diploma in fitness training /Certificate course in Fitness Training from Government Institution.

##### **2. CRITERIA FOR SHORT LISTING OF CANDIDATES FOR THE INTERVIEW.**

Short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

<b><u>CATEGORIES FOR EVALUATION</u></b>	<b><u>MAX MARKS</u></b>	<b><u>SCORING OF MARKS</u></b>		
Higher Educational Qualifications	10	Masters in Sports and Exercise Science/Sports Science - 10 marks	Masters in Sports Coaching – 7marks	Masters in Physical Education/ Diploma in sports coaching– 5marks
Work Experience	10	Every completed six months of related experience at a recognized State / National level sports organization(Govt or Private) working with teams/players will be given 1 mark, Upto a maximum of 10 marks.		
Strength & Conditioning Certification	15	ASCA Level 3/CSCS (NSCA)/Level 4 (UK) – 15marks	ASCA Level 2/Level 3 (UK)- 10marks	ASCA Level 1/Certificate course in Strength &Conditioning/ fitness trainer level 4 certification from National Skill

				Development Cooperation of India – 5marks
Percentage of Marks obtained in Graduation	5	$\geq 50\%$ -- $< 60\%$ =2 marks $\geq 60\%$ -- $< 70\%$ =3marks $\geq 70\%$ -- $< 80\%$ =4marks $\geq 80\%$ =5marks.		
Sports achievement	10	International Level (Representing India in a sports event recognized by sports governing bodies)– 10marks	Medal at National Level (Representing his/her state in national competition recognized National Sports Federation) – 7marks	Medal at University/State Level( representing district/university in a state level, university competition recognized by State Sports body or AIU)– 5marks

### 3. INTERVIEW PROCESS

The interview will be of 100 marks.

The Candidates will be assessed on the following:

CATEGORIES FOR EVALUATION	MAXIMUM MARKS
Domain Expertise	30
Practical knowledge and knowledge of allied sports science disciplines	20
Aptitude for working in a sports organization	15
Principles of training, Programming of training design and its organization	15
Soft skills	10
Pre-Rehabilitation& Injury Management	10

### **Job Responsibilities:-**

Designation	Job Responsibilities
Strength & Conditioning Expert	<ol style="list-style-type: none"> <li>1. Design and implement strength training and conditioning programs in-season, off-season, and pre-season for all athletes in various programs in a manner that reflects research-driven practices in accordance with the Long-Term Athletic/Fitness Development Model.</li> <li>2. Work in cooperation with the sports medicine or athletic training staff in the rehabilitation and strengthening of injured athletes.</li> <li>3. Facilitate a collaborative relationship among sport coaches, sports medicine, and the strength and conditioning staff.</li> <li>4. Design and implement policies and procedures for the strength and conditioning program in accordance with the guidelines of J&amp;K Sports Council.</li> </ol>



5. Develop systems for tracking athlete attendance and athlete progress in conjunction with the sport coaches.
6. Conduct an annual needs-analysis for each sport team in conjunction with the Coaching staff and sport science team at the conclusion of each sport season.
7. Annually conduct and review a departmental risk management plan.
8. Complete an annual budgetary proposal for the program that includes routine maintenance, purchase of new equipment, and staffing needs.
9. Determine and reinforce expectations for athlete conduct for curricula and extra-curricular activities, as stated in the Centers Athlete Code of Conduct.
10. Conduct an annual evaluation including the design of professional development activities.
11. Carry out research on newest methods and techniques in Strength & Conditioning domain.
12. Analyze data collected from athletes to suggest formation of norms for Indian athletes.
13. Actively enter all data needed in the Athlete management System or with respect to performance evaluation of athletes.
14. Any other duties assigned by High Performance Director, Sports Science Head and Regional Head and Secretary, J&K Sports Council.

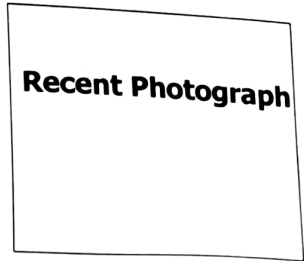


**SECRETARY**

**J&K Sports Council**

  
13/6

**Application Format**



Post applied for: .....

1.Name: .....

2.Father's/Husband'sName: .....

3. Date of Birth: .....

4.Nationality: .....

5.Postal Address: .....

6.ContactNumber: .....

7. E-mailAddress: .....

**8 Education Qualifications Matriculation onwards:**

S. No.	Certificate/Degree	Subject	Institute/University	Year of Passing	Percentage/CPGA

**Work Experience:**

S. No.	Organization /Institute	Period From - To	Nature of Work	Remarks

**Total Experience (in Month).....**

**12 Sports Participation:****(A) International Level**

S. No	Event	Position

**(B) National Level**

S. No	Event	Position

**DECLARATION**

**I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief. I understand that in the event of any information being found false or incorrect or not satisfying the prescribed eligibility criteria for the post applied for, my candidature is liable to be cancelled/rejected at any stage of selection.**

**Place:**

**Date:**

(Signature of the Applicant)